

ISO Whey Hydrolyzed

BEST WHEY PROTEIN ISOLATED AND HYDROLYZED IN THE MARKET



Gluten Free

CHOCOLATE

- 100% Optipep® Sports 90
- 81% Protein
- 22 g Protein per serving
- Hydrolyzed: ultra-fast absorption
- Immediate solubility and delicious taste

ISO Whey Hydrolyzed is the purest form of protein and fastest absorption that exists in the market. This protein is characterized by its high solubility even at acidic pH (stomach), so it is quickly digested (Wilson J. et al., JISSN. 2006) and without giving digestive problems, rapidly providing amino acids in the blood (hyperaminoacidemia) so that they can be used by muscle cells in their recovery processes, both post-training and throughout the day.

ISO Whey Hydrolyzed contains only the isolated and hydrolyzed whey protein Optipep® Sports 90, which is characterized by a performance and an incredible flavor. The whey protein isolated and hydrolyzed has been proven effective for recovery processes and maximizing strength, power and muscle mass gain (Cermak, N.M. et al. AJCN. 2012. Naclerio & Larumbe-Zabala. SM. 2015).

And like all Crown Sport Nutrition® products with spectacular taste, solubility and digestibility.

Ingredients (Chocolate): (88%) Isolated and hydrolyzed **whey** protein (Optipep® Sports 90) (emulsifier: **soy** lecithin), defatted cocoa powder, flavoring, sweetener: sucralose.
Contains **milk** (including **lactose**) and **soy**.

Instructions for use: Mix 27 g (1 scoop) of product with 250 ml water and preferably take after training to stop protein catabolism and promote muscle anabolism.
In the not training days as an additional source of proteins.

Available flavors: Chocolate and Strawberry.
Available formats: Tin of 918 g (34 servings of 27 g).

| NUTRITIONAL INFORMATION | Per 100 g | Per serving of 27 g |
|-----------------------------|----------------------|---------------------|
| Energy | 1.548 kJ 365 kcal | 418 kJ 99 kcal |
| Fat | 2,6 g | 0,7 g |
| • of which sat. fatty Acids | 1,3 g | 0,3 g |
| Carbohydrates | 3,0 g | 0,8 g |
| • of which Sugars | 1,1 g | < 0,5 g |
| Protein | 81 g | 22 g |
| Salt | 0,39 g | 0,10 g |